

Discharge planning for persons afflicted with a bipolar disorder

PLEASE ASSESS THE DEGREE OF SEVERITY YOUR CURRENT MANIA, DEPRESSION AND ANXIETY

Print this page and mark your answers with a cross on the line.
Please discuss the results with your therapist.

Please assess the degree of severity of your current mania

No mania

Severe mania



Mark your answers with a cross on the line.

Please assess the degree of severity of your current depression

No depression

Severe depression



Mark your answers with a cross on the line.

Please assess the degree of severity of your current anxieties

No anxiety

Severe anxiety



Mark your answers with a cross on the line.

Use this questionnaire to discuss with your therapist as to whether the time is right for your discharge.